Day 19 Confidence and Peace

**Discussion Questions**

1. **Describe the type of “confidence” we have when we ask according to His will.**
2. **Besides knowing what God’s specific will is, what two things are necessary to have such confidence? How does the illustration about abused children spiritual and naturally explain our confidence or lack thereof?**
3. **How does not know God’s will make us insecure when we pray?**
4. **Discuss the five steps of faith given in Phil. 4:6-7 that we need to take to obtain the “peace that passes understanding”?**
5. **What common excuses might someone use to not follow this guidance? What are some possible consequences for not receiving and acting upon these admonitions?**
6. **Share briefly, if you’d like, you experience in applying Philippians 4:6-7. Can you describe this peace that hyper-passes understanding?**
7. **In what ways does this peace guard our hearts and minds in Christ Jesus?**
8. **How is it that our lives overall are positively changed by taking these steps of faith?**
9. **How might have this surpassing peace be a blessing to those closest to us?**

Day 19 Living above the Fray

1. **Describe the “double life” we as Christians experience.**
2. **What are the negative consequences of only focusing on the plane of “sight”—our senses?**
3. **In what ways can living by faith (above the fray) make a supernatural difference in dealing with these situations?**
* **Unwanted circumstances**
* **Difficult/frustrating relationships**
* **Mood swings caused by hormones or health issues (in ourselves or others)**
* **Unexpected changes**
* **Tiredness**
* **Loss**
* **Other people’s drama that affects us**
1. **In difficult relationships, how can at least one of the persons involved make a difference if he/she is walking by faith and not by sight (above the fray)? How does that dynamic change when are persons concerned are walking by faith?**
2. **Does the final poem or Psalm speak to you personally in some way?**
3. **How might using these means help us to remember God’s faithfulness?**
* **Examples in Scripture of those who believed God in the face of adversity**
* **Miracles we have experienced in the past**
* **A specific word or calling from God**
1. **Visualizing doesn’t make things happen, but how might visualizing what we are believing God will do encourage our faith in God’s grace?**
2. **Think of other examples of walking by faith and not by sight? For example:**
* **I walk by faith in God’s goodness, and not by the bad I am experiencing.**
* **I walk by faith in**