

Relationship Tip of the Day



Give Thanks Instead of Complaining

Instead of complaining, give thanks. Yes, this could apply to our relationship with God, but consider applying this to your relationships with friends, family members or your spouse.

Instead of, "The toast is a little burned," try, "Thank you for making me breakfast." After all, no one is required to make you breakfast, let alone ensure your toast is perfect. If you don't like how the breakfast is made, make it yourself next time.

Instead of, "It's a little late to be calling," when the phone rings at 11:00 p.m., say, "How nice of you to call. Is everything ok?" This shows you care.

"What is WRONG with you?" might just as easily be replaced with, "You look great today," or "Thanks for always being on time for work." I'm not justifying the bad mood...just pointing out a better way to respond to it.

Yes, I know...there are people in our lives about whom we might be challenged to give thanks. We all have someone in our lives like that, right. Ok...so for that person, since you can't thank them, INSTEAD of complaining or giving thanks, simply don't complain. It's pretty obvious that such a person hears lots of complaints, so for them, just not hearing a complaint will feel as good as a thank-you.

For those of you who complain to yourself about yourself... Yeah, I know you are out there...when that complaint gets ready to manifest itself, try thanking yourself for something instead. When you look in the mirror, and are tempted to say, "You look awful today," try, "Good job! You got out of bed. Now, let's get cleaned up."

Try this out for a couple of days... I am sure you might even enjoy seeing the responses you'll get, and I know you will feel better about yourself...oh, and by the way, others will feel better around you, too.

Proverbs 18:21

*Death and life are in the power of the tongue,
And those who love it will eat its fruit.*