



February 17th

Easier Said Than Done

Sometimes we come up with solutions to problems that are more complex than they seem. Our answers may seem simple, but facing the intricacies of dealing with the situation before us, we often say, "That's easier said than done."

But in our daily walk with Jesus, this expression does not fit into God's plan. When He gives a solution, our reply should never be, "That's easier said than done," because God's promises are sure.

Let me give an example. Some people are chronic worriers. Usually it is because they are caring people who think about others all the time and can't help being concerned about them. My own Grandmother Nora was deemed by many in our family as a worrier, but even in that accusation there was an understanding that she cared.

Now that I'm a grandma, I completely understand her. She cared. She spoke up. Then she prayed.

When we face anxiety, God has a solution for us. He asks us to cast our cares upon Him knowing He cares for us (1 Pet. 5:7). Paul wrote about this most specifically, nearly formulaically.

Philippians 4:6-7

Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; ⁷ and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

First of all, if we are instructed to not be anxious about anything, we need to believe that we are able to not be anxious about anything. We may not reply, "That is easier said than done."

But in everything... "Everything, Lord?"

"Yes, in everything."

Paul continues with his prescription: By prayer and supplication WITH THANKSGIVING let your requests be made know unto God.

INSTEAD of worrying about anything, do this, with thanksgiving, tell God what it is specifically that you want.

Wrong answer: "Lord, that is easier said than done."

Right answer: “Okay Lord, thank you for protecting my granddaughter as she travels.” “Lord, I need a job. Thank you for finding me a job.” “Lord, I feel so lonely. Thank You for giving me companionship.” “Lord, I have so much to do tomorrow. Help me sleep and strengthen my mind and body.”

We want peace, but sometimes we fail to follow the prescription.

Don't worry. Tell God exactly what you want with thanksgiving.

It isn't “easier said than done.”

It's easier done than said.

Don't just talk about the promise.

Do it.

It is only a slight adjustment between continuing to do just the opposite; that is, worrying endlessly about it, and choosing to do it, to step out in faith and stop being anxious.

That is when the promised peace comes.

Again and again we are told, “Do not be afraid; only believe.”

What do we do? We continue to be afraid. But it is just a tiny adjustment. Believe instead of being afraid. God will back you up on this.

A storm in life is raging, maybe one you didn't expect, but instead of focusing on the wind and waves, you look to Jesus. “Father, I choose to believe you now instead of being afraid.”

Do you know how much joy this brings Him, when He sees you tossed and turned and calling out to Him in faith? Oh, if we could only know His heart, how He longs for us to know how much He loves us and how much power is behind our faith in Him. Suddenly, we find peace—peace that makes no sense whatsoever. The sea begins to calm down.

Oh, glorious God, open our eyes to see!

Ephesians 1:15-23

*Therefore I also, after I heard of your faith in the Lord Jesus and your love for all the saints, ¹⁶ do not cease to give thanks for you, making mention of you in my prayers: ¹⁷ that the God of our Lord Jesus Christ, the Father of glory, may give to you the spirit of wisdom and **revelation** in the **knowledge of Him**, ¹⁸ the eyes of **your** understanding being **enlightened**; that you may know what is the **hope of His calling**, what are the **riches of the glory of His inheritance in the saints**, ¹⁹ and what is the:*

exceeding greatness of His power toward us who believe,

*according to the working of His **mighty power** ²⁰ which He worked in Christ when He **raised Him from the dead** and seated Him at His right hand in the heavenly places, ²¹ **far above** all principality and power and might and dominion, and every name that is named, not only in this age but also in that which is to come. ²² And He put **all things under His feet**, and gave Him to be head over all things to the church, ²³ which is His body, the fullness of Him who fills all in all.*

His POWER is toward those who believe in Him. Choose to believe in Him. It brings Him joy. It brings you peace. It releases the power of God. It's just as simple as your choice. He will do the supernatural part. Choose faith over fear and anxiety. It's easier done than continuing to be tossed and tormented. Instead, just DO it. Believe in Him.

