

Relationship Tip of the Day



My Mother's Secret Kindness

My mother taught me many things in life, mostly by example. Sometimes I'll remember something she used to do and a light bulb will go off in my mind. "So THAT'S why she did that!"

Today as I was baking my favorite cake, the cake she used to bake, I remembered how I'd wait at her apron for her to give me the bowl to lick the batter. What a special treat.

Then it dawned on me. I bet my mother was as good with a spatula as I am. When I'm baking, I can nearly clean a bowl out without a trace of batter in the bowl. How was it that my mom's batter bowls always had something in them? Then a light bulb went on as I realized her kindness toward me, and I felt thankful for her love.

As I thought about it just a little longer, I realized that I had done the same thing with my kids without even knowing why.

My kids are all on their own now, so there was no need to leave and little for them. I was ready to scrape that bowl clean this morning and deprive myself of the joy, but in remembrance of her, I decided to leave just a little in there. Yummy!

This world is a harsh place. Be kind.