

God Cares for You

From: Good News in Times of Trouble
From Day 9 of Overcoming the Overwhelming

Chapter 3: God Cares for You
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What a powerful truth it is when we remember that God not only sees us, hears us, and knows the truth about our lives, but that He also cares about what we care about. He isn't a negative force, of course, but He also isn't an unfeeling or neutral God sitting in heaven somewhere casually listening to us as we pour our breaking hearts out before Him. God sincerely cares for us. He weeps with us. He mourns with us. How does believing this change our perspective?

Following is an expanded version of Philippians 4:6–7 based on the original Greek. Read and be blessed.

Don't be anxious—

don't be troubled with care, don't take thought

About anything—

not about even one thing, not at all, not about anyone

Rather—

Instead

In everything—

in the whole thing, in each situation

By prayer and supplication—

worship, earnest asking, petition

With thanksgiving let your requests be made known unto God

With grateful language to God

declare your petitions thoroughly;

tell God fully what you want and need

Then the peace of God—

rest, quietness, prosperity

*set at one again,
harmony, tranquility,
happiness*

Which surpasses understanding

*excels any reasoning,
rises above every intellect,*

Shall guard your hearts and minds—

*keep your thoughts,
protect your feelings*

Through Christ—

by means of Christ,
for the sake of Christ.

Here is a condensed version of Philippians 4:6-7.

Don't be anxious, worry, or fear about anything.
Instead, with thanksgiving, tell God exactly what you want.
This is when you will experience
His promised unfathomable peace,
and your heart and mind will be protected.

Now, focus for a moment on this powerful truth. Paul writes,
“With thanksgiving, let your requests be made known to God.”
When you pray, do so with faith that He will answer you. This will
help you to not get into the attitude of begging God and help you
realize that He wants to answer your request.

Father, thank You for healing me.

Thank You for forgiving me.

Thank You for providing for me.

Thank You for resolving this situation.

Father, thank You for meeting this financial need.

Thank You for peace in this relationship.

Thank You for giving me wisdom.

Thank You for giving me favor and causing me to be
successful.

We don't need to come to God with anxious hearts. No! We
come before Him with complete confidence, knowing that He
cares for us. We pray knowing and believing He will answer. When
we do that, we discover unimaginable peace.

Have you experienced this peace before? Record, if you'd like.

How might you take your current troubles and cast them upon the Lord?

Let's Review!

Thank You, Father, for **seeing** me.

Thank You for **hearing** my prayers.

Thank You for **knowing** the truth about every part of my life.

Jesus, thank You for **caring for me**.

Thank You for answering my prayers and giving me peace.

